

COLONOSCOPY COLYTE PREPARATION

****STOP all Aspirin/Ibuprofen, Plavix, and all blood thinning medications 5 days prior to surgery****

PURCHASE: Have COLYTE prescription filled at your pharmacy.

START PREPARATION ON: _____.

CLEAR LIQUID DIET ALL DAY.

**NO SOLID FOOD. NO DAIRY PRODUCTS. NO NON-DAIRY CREAMER.
NOTHING COLORED RED OR PURPLE.**

CLEAR LIQUIDS INCLUDE:

*strained fruit juices without pulp

*water

*clear broth/bouillon

*coffee or tea without milk or non-dairy creamer.

And all of the following that are
NOT colored red or purple:

*Gatorade@

*carbonated and non carbonated soft
drinks

*Kool-Aid@

*plain Jello *ice popsicles

2PM: Start drinking your mixture(see directions on bottle).

Drink eight to ten ounces every fifteen minutes until the gallon is consumed. Refrigerate.

MIDNIGHT:

NOTHING TO EAT. NOTHING TO DRINK. NOTHING BY MOUTH.

Report to the hospital on _____ at _____.

Your Colonoscopy is scheduled at _____.

Northside: Report to main admissions located at main entrance/not ER entrance.

Saint Joseph's Hospital: Report to the 3rd Floor GIDU lab in the main hospital building.

