

# COLONOSCOPY NULTELY/GOLYTELY PREPARATION

**\*\*STOP all Aspirin/Ibuprofen 5 days prior to surgery\*\***

**PURCHASE:** Have Nulytely/Golytely prescription filled at your pharmacy.

**START PREPARATION ON:** \_\_\_\_\_.

**CLEAR LIQUID DIET ALL DAY.**

**NO SOLID FOOD. NO DAIRY PRODUCTS. NO NON-DAIRY CREAMER.**

**NOTHING COLORED RED OR PURPLE.**

CLEAR LIQUIDS INCLUDE:

\*strained fruit juices without pulp

\*water

\*clear broth/bouillon

\*coffee or tea without milk or non-dairy creamer.

And all of the following that are  
**NOT** colored red or purple:

\*Gatorade@

\*carbonated and non carbonated soft  
drinks

\*Kool-Aid@

\*plain Jello    \*ice popsicles

**2PM:** Start drinking your mixture(see directions on bottle).

Drink eight to ten ounces every fifteen minutes until the gallon is consumed. Refrigerate.

**MIDNIGHT:**

**NOTHING TO EAT. NOTHING TO DRINK. NOTHING BY MOUTH.**

Report to the hospital on \_\_\_\_\_ at \_\_\_\_\_.

Your Colonoscopy is scheduled at \_\_\_\_\_.

**Kennestone:** Report to the 1st floor, Main Street #14 in the main hospital building.

**Marietta Surgical Center:** Report to the front of the building, GI Suite 250.

